

# MITCHELTON

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## DAY SPA

### MASSAGE

#### **Wellness Infusion | 60 min | \$140**

Blending the gentle rhythm of effleurage with a hot oil infusion of camellia and healing immortelle, our Wellness Infusion encourages a heightened state of relaxation, provoking the body's rest and restoration response.

#### **Thermal Balm Muscle Relief\* | 60 min | \$155**

Rosemary and Clove Thermal Balm is applied with firm massage strokes to alleviate muscular aches and pains and enhance detoxification and circulation for muscular relief and recovery.

#### **Pregnancy Massage | 60 min | \$140**

A gentle combination of massage elements and spiralling movements realigns the energy flow to balance, inspire and uplift both mum and bub.

#### **Back Massage | 30 min \$90 | 45 min \$115**

This massage targets back, neck and shoulders for fast-focused relief from stress and tension.

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### HANDS & FEET

#### **Luxe Manicure | 60 min | \$125**

Hand Scrub / Mask / Massage / Cuticles – Shape, File & Polish

Replenish beautiful hands and nails with a skin softening hand soak, a smoothing exfoliation, and focused fingertip attention. This deluxe treatment is completed with a relaxing hand massage and nail polish.

#### **Luxe Pedicure | 60 min | \$125**

Foot Soak / Scrub / Heels / Mask / Massage / Cuticles – Shape, File & Polish

Revive feet and toes with a relaxing foot soak, a cleansing exfoliation, heel buffing and focused toenail attention. This deluxe pedi is completed with a nourishing foot massage and nail polish.

#### **Hydrating Hands | 30 mins | \$80**

Exfoliation / Mask / Hydrating moisturiser

Soften and replenish dry hands and nails with this indulgent express treatment.

#### **Fatigued Feet Remedy | 45 mins | \$90**

Soothe tired, aching or swollen feet. Nails are buffed, shaped and left natural. Then relax with a circulation boosting, stimulating massage with Rosemary and Clove Thermal Balm.

#### **Revive Mani | 30 min | \$80**

A quick tidy of fingers including cuticle work, nail buff, shape and polish with a hydrating hand treatment to finish.

#### **Revive Pedi | 30 min | \$80**

Enjoy a classic pedicure with cuticle work, a nail buff, shape and polish, finished with a hydrating heel and foot treatment.

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### TREATMENT ADD ONS

15 min | Head massage - dry or hot hydrating oil | \$40.00

15 min | Hair therapy (hair and scalp treatment) hot towel | \$40.00

15 min | Foot soak | \$35.00

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## DAY SPA

### FACIALS

**Luxe Facial | 90 min | \$185**

Using active botanical ingredients and including a back massage, this facial offers deep renewal for the skin.

**Signature Facial | 60 min | \$145**

The synergy of science and nature paves the way to luminescent skin with this customised facial.

**Concept Facial | 45 min | \$110**

Our go-to concept facial draws on artisanal plant chemistry to revive, hydrate and purify a tired complexion.

**Revive Facial | 30 min | \$90**

A super quick boost for complexions on the run, this facial cuts to the chase for skin revival.

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### BODY

**Dry Body Mitt | 60 min | \$155** (includes exfoliation mitt)

Body Exfoliation / Hydration Massage / Head Massage

Rediscover your outer glow, with an invigorating aromatic experience that stimulates the system and the senses, leaving your skin smooth and soft. After a full body exfoliation have your choice of aromatic body oil or moisturiser rhythmically massaged into the skin. The treatment ends with a sleep inducing head and scalp massage for the ultimate in relaxation.

**Rejuvenating Body Scrub | 60 min | \$155**

Body Exfoliation / Rain Shower / Hydration Massage

Made with wattleseed and walnut. Rediscover your outer glow with an invigorating experience that leaves your skin soft, smooth and hydrated.

**Hydrating Coco Cream Wrap | 60 min | \$155**

Dry Body Mitt / Body Wrap / Scalp Massage / Foot Massage

Made with Coconut oil and cocoa seed infused with vanilla and bergamot. Awaken healthy skin with body brushing and a body wrap to hydrate & release scalp tension.

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### RITUALS

**Reawaken Ritual | 90 min | \$220**

Thermal Back Massage / Revive Facial / Scalp & Foot Massage

Warming thermal oil relieves tightness and tension, while a potent botanical facial restores the complexion, with a foot and scalp massage being the final element for total satisfaction.

**Mindful | 90 min | \$190**

Revive Facial / Revive Pedi

A super quick boost for complexions on the run, this facial cuts to the chase for skin revival.

A quick tidy up of feet includes cuticle work, a nail buff, shape and polish, and a hydrating heel and foot treatment.

**Wellness | 60 min | \$160**

Revive Facial / Back Massage

A super quick boost for complexions on the run, this facial cuts to the chase for skin revival.

This massage targets back, neck and shoulders for fast-focused relief from stress and tension.