

A close-up photograph of a tree trunk, showing the rough, textured bark. The bark is primarily grey and brown, with patches of vibrant green lichen growing on it. The lighting is natural, highlighting the intricate details of the bark's surface.

MITCHELTON


DAY SPA

BOTANICAL MESSAGES		MIN	\$
Wellness Infusion Massage	Blending the gentle rhythm of effleurage with a hot oil infusion of camellia and healing immortelle, our Wellness Infusion encourages a heightened state of relaxation, provoking the body's rest and restoration response.	60	150
		90	200
Wellness Back Massage	Tension melting and stress relieving, this massage targets traditional problem areas, the back, neck and shoulders, for fast-focused relief.	30	95
		45	125
Thermal Balm Muscle Relief*	Designed to alleviate muscular aches and pains with a firm application of Rosemary and Clove Thermal Balm through massage, this treatment will prime your body for deep detoxification and enhancing circulation, relief and recovery.	60	165
		90	215
Thermal Back Massage		30	110
	Focussed on traditional tension carrying areas, the firm, targeted nature of this massage will melt your daily stresses from your shoulders, neck and back. Deeply detoxifying.	45	125
Pregnancy Massage	Realign your energy flow and recalibrate your balance with a gentle combination of massage and spiralling movements to uplift and connect mother and baby.	60	150
NATURE-INSPIRED FACIALS		MIN	\$
Luxe Facial	Harness your skin's natural potential using active botanical ingredients specially chosen and applied for deep renewal. A tension busting back massage is included to complete the deep rejuvenation.	90	195
Signature Facial	The synergy of science and nature paves the way to luminescent skin with this customised facial.	60	150
Concept Facial	Artisanal plant chemistry revives, hydrates and purifies a tired complexion. Bolder and brighter skin awaits.	45	120
Revive Facial	A super quick boost for complexions in need of a moisturising brighten.	30	100
BODY BRILLIANT		MIN	\$
Dry Body Brush	Body Exfoliation / Hydration Massage / Head Massage	60	165
	Rediscover your outer glow with an invigorating aromatic experience stimulating the body's systems and senses, leaving your skin smooth and your mind clear. After a full-body exfoliation, have your choice of aromatic body oil or moisturiser rhythmically massaged into the skin. The treatment is completed with an indulgent head and scalp massage to induce ultimate relaxation. (includes exfoliation mitt)		
Rejuvenating Body Scrub*	Body Exfoliation / Rain Shower / Hydration Massage	60	165
	Using a product made with wattleseed and walnut rediscover your outer glow with an invigorating full-body exfoliation designed to leave your skin soft, smooth and hydrated. Refresh in the rain shower and then return to your treatment for a full body moisturisation massage.		
Hydrating Coco Cream Wrap	Dry Body Mitt / Body Wrap / Scalp Massage / Foot Massage	60	165
	Awaken fresh, healthy skin with body brushing and a relaxing body wrap then settle into an indulgent scalp and foot massage. This treatment is made with coconut oil and cocoa seed infused with vanilla and bergamot to replenish and restore.		
HAND & FOOT REMEDIES		MIN	\$
Luxe Manicure	Hand Scrub / Massage / Cuticles – Shape, File & Polish	60	130
	Restore moisture and beauty to tired hands with a skin-softening hand soak, a smoothing exfoliation and focused fingertip attention. This deluxe treatment is completed with a replenishing hand massage and neatening nail file and polish.		
Luxe Pedicure	Foot Soak / Scrub / Heels / Massage / Cuticles – Shape, File & Polish	60	130
	Revive feet and toes with a relaxing foot soak, a cleansing exfoliation, heel buffing and focused toenail attention. This full-service pedicure is completed with a nourishing foot massage and nail polish.		
Foot Fatigue Remedy*		60	130
	Soothe tired, aching or swollen feet. Nails are buffed, shaped and left natural. Then relax with a circulation-boosting, stimulating foot massage with Rosemary and Clove Thermal Balm.		

*Indicates treatments not suitable during pregnancy.

MITCHELTON SIGNATURE RITUALS	HRS	\$
<p>Reawaken Ritual Thermal Back Massage / Revive Facial / Scalp & Foot Massage</p> <p>Relight the fire within. A warming back massage of thermal oil relieves tightness and tension, while a potent botanical facial restores the complexion. A foot and scalp massage are the final elements for total satisfaction.</p>	1.5	255
<p>Escape Ritual Full Body Massage / Concept facial / Scalp and Hair Therapy</p> <p>Soothe the body, awaken youthful skin and calm the mind with this relaxing sensory escape comprised of pure plant essences and rejuvenating ingredients.</p>	2	315
<p>Nourishing Ritual Dry Body Brush / Hydrating Full Body Massage / Customised Facial / Hair Treatment</p> <p>Rediscover your outer glow with a full-body exfoliation, followed by full-body moisture restoration with our satin body hydration massage and a customised facial. This treatment is completed with a restorative head and scalp massage for the ultimate in relaxation.</p>	2.5	425
<p>Revitalising Rejuvenating body scrub / Rain Shower / Full Body Massage / Signature Facial / Pedicure or Manicure / Scalp & Hair Treatment</p> <p>This top-to-toe revitalising ritual exudes luxury. Inclusive of a skin-smoothing wattleseed and walnut scrub, a radiance inducing customised facial, your choice of a replenishing manicure or pedicure and a hydrating body butter full body massage. This treatment is completed with a restorative head and scalp massage for the ultimate in relaxation.</p>	3.5	555
MUM TO BE RITUALS		
When booking your Mum To Be Ritual or Pregnancy Massage, please let us know what trimester you are in at the time of booking to ensure we can provide the treatments best suited to you.		
<p>Glowing Ritual Pregnancy Massage / Revive Facial</p> <p>Designed to realign energy flow and recalibrate the balance between mother and baby with a unique combination of massage and spiralling followed by a Revive Facial that offers a super quick boost for complexions in need of a moisturising brighten.</p>	1.5	205
<p>Nurture Ritual Concept facial / Pedi</p> <p>Artisanal plant chemistry revives, hydrates and purifies a tired complexion for bolder and brighter skin. Following the facial, allow our technicians to recharge your tired feet with a relaxing foot soak, a cleansing exfoliation, heel buffing and focused toenail attention.</p>	1.5	190
THE MEN'S RETREAT RITUALS		
<p>Unwind Ritual Thermal Back of Body / Head Massage</p> <p>Focussed on traditional tension carrying areas the firm, targeted nature of this massage will melt your daily stresses from your shoulders, neck and back and back of legs, followed by a dry scalp massage. Deeply detoxifying.</p>	1	160
<p>Restore Ritual Revive facial / Thermal massage / Head Massage</p> <p>Designed to alleviate muscular aches and pains with a firm application of Rosemary and Clove Thermal Balm through massage, this treatment will prime your body for deep detoxification. A Revive Facial follows the massage offering a super quick boost for complexions in need of a moisturising brighten. The treatment is completed with a sleep-inducing head and scalp massage for the ultimate in relaxation.</p>	1.5	255
<p>Grounding Ritual Rejuvenating Body Scrub / Rain shower/ Hydrating Full body Massage</p> <p>Awaken youthful skin with a top-to-toe full body exfoliation using our organic wattleseed and walnut scrub. Refresh in the rain shower and then return to your treatment for a full body hydrating massage.</p>	1.5	280

*Indicates treatments not suitable during pregnancy.



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OPENING HOURS

THE SPA IS OPEN MOST
DAYS FROM 9AM TO 5PM.
OTHER APPOINTMENT TIMES
CAN BE ACCOMMODATED
WITH PRIOR NOTICE.
