

BOTANICAL MESSAGES	MIN	\$
Wellness Infusion Massage Blending the gentle rhythm of effleurage with a hot oil infusion of camellia and healing immortelle, our Wellness Infusion encourages a heightened state of relaxation, incorporating our signature Arithmos oil blends, provoking the body's rest and restoration response.	30	105
	45	125
	60	160
	90	210
Hot Stone Massage A specialist massage that provides the ultimate relaxation and comfort. Involving the use of heated stones releases muscular tension and dissolves stress. 60-minute includes back of body and 90 minute is the full-body experience. *Not suitable for pregnancy.	60	170
	90	215
Thermal Balm Muscle Relief Designed to alleviate muscular aches and pains with a firm application of Rosemary and Clove Thermal Balm through massage, this treatment will prime your body for deep detoxification and enhancing circulation, relief and recovery.	30	120
	45	135
	60	175
	90	225
Pregnancy Massage Realign your energy flow and recalibrate your balance with a gentle combination of massage and spiralling movements to uplift and connect mother and baby. Please note must be past the 1st trimester. Please contact the Spa if you require further information.	60	160
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NATURE-INSPIRED FACIALS	MIN	\$
Luxe Facial Harness your skin's natural potential using active botanical ingredients specially chosen and applied deep renewal. A relaxing tension relief back massage is included to complete the deep rejuvenation.	90	205
Signature Facial The synergy of science and nature paves the way to luminescent skin with this customised facial.	60	160
Concept Facial Artisanal plant chemistry revives, hydrates and purifies a tired complexion. Bolder and brighter skin awaits.	45	130
Revive Facial A super quick boost for complexions in need of a moisturising brighten.	30	110
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BODY BRILLIANT	MIN	\$
Dry Body Brush Body Exfoliation / Hydration Massage / Head Massage Rediscover your outer glow with an invigorating aromatic experience stimulating the body's systems and senses, leaving your skin smooth and your mind clear. After a full-body exfoliation, have your choice of aromatic body oil or moisturiser rhythmically massaged into the skin. The treatment is completed with an indulgent head and scalp massage to induce ultimate relaxation.	60	175
Rejuvenating Body Scrub Body Exfoliation / Rain Shower / Hydration Massage Using a Usps product made with coffee and macadamia rediscover your outer glow with an invigorating full body exfoliation designed to leave your skin soft, smooth and hydrated. Refresh in the rain shower and then return to your treatment for a full body 30- minute moisturisation massage.	60	180
Hydrating Coco Cream Wrap Dry Body Brush/Body Wrap/Scalp Massage Awaken fresh healthy skin with body brushing and a relaxing body wrap with the warm coco cream body butter then settle into an indulgent scalp massage.	60	180
Grounding Ritual Rejuvenating Body Scrub / Rain shower/ Hydrating Full body Massage Awaken youthful skin with a top-to-toe full body exfoliation using our organic coffee and macadamia scrub. Refresh in the rain shower and then return to your treatment for a full body 60-minute hydrating massage.	90	250
Vital Nourishment Body Wrap Dry Body Brush / Body Wrap / Scalp Massage / Foot Massage / Rain Shower Awaken fresh, healthy skin with body brushing and a relaxing body wrap then settle into an indulgent scalp and foot massage. This treatment is made with coconut oil and cocoa seed infused with vanilla and bergamot to replenish and restore.	60	200
Foot Fatigue Remedy Soothe tired, aching or swollen feet. Nails are buffed, shaped and left natural. Then relax with a circulation-boosting, hydrating mask, stimulating foot massage with Rosemary and Clove Thermal Balm.	60	140

MITCHELTON SIGNATURE RITUALS	HRS	\$
<p>Reawaken Ritual Thermal Back Massage / Concept Facial / Scalp & Foot Massage</p> <p>Relight the fire within. A warming back massage of thermal balm relieves tightness and tension, while a potent botanical facial restores the complexion. A foot and scalp massage are the final elements for total satisfaction.</p>	1.5	285
<p>Escape Ritual Full Body Massage / Signature facial / Scalp and Hair Therapy</p> <p>Soothe the body, awaken youthful skin and calm the mind with this relaxing sensory escape comprised of pure plant essences and rejuvenating ingredients.</p>	2	355
<p>Nourishing Ritual Dry Body Brush / Coco cream Full Body Massage / Customised Facial / Hair Treatment</p> <p>Rediscover your outer glow with a full-body exfoliation, followed by full-body moisture restoration with our rich coco cream body butter massage and a customised facial. This treatment is completed with a restorative head and scalp massage for the ultimate in relaxation.</p>	2.5	445
<p>Unwind Ritual Thermal Back of Body / Head Massage Focused on traditional tension-carrying areas the firm, targeted nature of this massage will melt your daily stresses from your shoulders, neck and back and back of legs, followed by a dry scalp massage. Deeply detoxifying.</p>	1	180
<p>Restore Ritual Revive facial / Thermal massage / Head Massage Designed to alleviate muscular aches and pains with a firm application of Rosemary and Clove Thermal Balm through massage, this treatment will prime your body for deep detoxification. A Revive Facial follows the massage offering a super quick boost for complexions in need of a moisturising brighten. The treatment is completed with a sleep-inducing head and scalp massage for the ultimate in relaxation.</p>	1.5	275
<p>Revitalising Ritual Rejuvenating Body Scrub / Rain Shower / Full Body Massage / Signature Facial / Scalp & Hair Treatment / Body Wrap</p> <p>This top-to-toe revitalising ritual exudes luxury. Inclusive of a skin-smoothing rejuvenating body scrub, hydrating body wrap, a radiance-inducing customised facial, and a hydrating body butter full body massage. This treatment is completed with a restorative head and scalp massage for the ultimate in relaxation.</p> <p>Upgrade any rituals to a thermal massage for \$20 (medium to firm pressure)</p>	3	550

MUM TO BE RITUALS

When booking your Mum To Be Ritual or Pregnancy Massage, please let us know what trimester you are in at the time of booking to ensure we can provide the treatments best suited to you. Please note must be past the 1st trimester. Please contact the Spa if you require further information.

<p>Glowing Ritual Pregnancy Massage / Revive Facial Designed to realign energy flow and recalibrate the balance between mother and baby with a unique combination of massage and spiralling followed by a Revive Facial that offers a super quick boost for complexions in need of a moisturising brighten.</p>	1.5	230
<p>Nurture Ritual Concept Facial / 45 Minute Massage Artisanal plant chemistry revives, hydrates and purifies a tired complexion for bolder and brighter skin. Following the facial, realign your energy flow and recalibrate your balance with a gentle combination of a 45 minute massage and spiralling movements to uplift and connect mother and baby.</p>	1.5	220