

MITCHELTON DAY SPA | TREATMENT MENU

MASSAGE

Wellness Infusion | 60min | \$130

Blending the gentle rhythm of effleurage with a hot oil infusion of camellia and healing immortelle, our Wellness Infusion encourages a heightened state of relaxation, provoking the body's rest and restoration response.

Thermal Balm Muscle Relief* | 60min | \$145

Rosemary and Clove Thermal Balm is applied with firm massage strokes to alleviate muscular aches and pains and enhance detoxification and circulation for muscular relief and recovery.

Pregnancy Massage | 60min | \$130

A gentle combination of massage elements and spiralling movements realigns the energy flow to balance, inspire and uplift both mum and bub.

Back Massage | 30min \$85 | 45min \$110

This massage targets back, neck and shoulders for fast-focused relief from stress and tension.

HANDS & FEET

Luxe Manicure | \$115

Hand Scrub / Mask / Massage / Cuticles – Shape, File & Polish

Replenish beautiful hands and nails with a skin softening hand soak, a smoothing exfoliation, and focused fingertip attention. This deluxe treatment is completed with a relaxing hand massage and nail polish.

Luxe Pedicure | \$115

Foot Soak / Scrub / Heels / Mask / Massage / Cuticles – Shape, File & Polish

Revive feet and toes with a relaxing foot soak, a cleansing exfoliation, heel buffing and focused toenail attention. This deluxe pedi is completed with a nourishing foot massage and nail polish.

Hydrating Hands | 30 mins | \$75

Exfoliation / Mask / Hydrating moisturiser

Soften and replenish dry hands and nails with this indulgent express treatment.

Fatigued Feet Remedy | 45 mins | \$85

Soothe tired, aching or swollen feet. Nails are buffed, shaped and left natural. Then relax with a circulation boosting, stimulating massage with Rosemary and Clove Thermal Balm.

Revive Mani \$75

A quick tidy of fingers including cuticle work, nail buff, shape and polish with a hydrating hand treatment to finish.

Revive Pedi \$75

Enjoy a classic pedicure with cuticle work, a nail buff, shape and polish, finished with a hydrating heel and foot treatment.

BODY

Dry Body Mitt | 60 mins | \$145 (includes exfoliation mitt) | Body Exfoliation / Hydration Massage / Head Massage

Rediscover your outer glow with an invigorating aromatic experience that stimulates the system and the senses, leaving your skin smooth, soft. After a full body exfoliation have your choice of aromatic body oil or moisturiser rhythmically massaged into the skin. The treatment ends with a sleep inducing head and scalp massage for the ultimate in relaxation.

Rejuvenating Body Scrub | 60 mins | \$145

Body Exfoliation / Rain Shower / Hydration Massage

Made with wattleseed and walnut. Rediscover your outer glow with an invigorating experience that leaves your skin soft, smooth and hydrated.

Hydrating Coco Cream Wrap | 60 mins | \$145

Dry Body Mitt / Body Wrap / Scalp Massage / Foot Massage

Made with Coconut oil and cocoa seed infused with vanilla and bergamot. Awaken healthy skin with body brushing and a body wrap to hydrate & release scalp tension.

TREATMENT ADD ONS

15min head massage - dry or hot hydrating oil \$40.00

15min hair therapy (hair and scalp treatment) hot towel \$40.00

15min foot soak \$35.00